

# Poland

Come and join us  
for one semester study  
in Europe – Poland



**UNIVERSITY  
OF LODZ**  
Poland

with a scholarship from European Union  
Credit Mobility Programme

# Poland



## The country of the great spirit

Poland (officially: the Republic of Poland) is a country in the Central Europe, bordered by Germany to the west, Czech Republic and Slovakia to the south, Ukraine, Belarus, Lithuania to the east. Poland's north border is lined by the coast of the Baltic Sea and the border of Kaliningrad Oblast (Russia's territory). Poland has around 38,5 million inhabitants and occupies an area of 312 628 square km. The capital of Poland is Warsaw (Warszawa).

Since 2004, the country belongs to the EU, which occurred after a 15-year period of system transformation. Polish history also includes a period with the Communist system, between 1945 and 1989.

The over thousand-year-old history of Poland abounds in memories of many great monarchies. In 17th Century, the Polish-Lithuanian Commonwealth grew to the position of third largest country of Europe: it embraced present-day Lithuania, Latvia, Belarus, a greater part of Ukraine, and even parts of Russia – with the eastern border almost as far as Moscow. Poland is a country that always fought bravely for its independence.

When you come to Poland, you can enjoy travelling within Europe as you receive the Schengen Area visa which allows you to travel in the countries of European Union.

Poland is famed for its diverse landscape (seaside, lakes, mountains, great rivers), and its nature. One of the country's symbols is the European bison, whose flocks dwell in huge, natural forests. The vast, green central plains are known for environmental-friendly methods of farming, which make many Polish dishes taste great.

Poland has a temperate climate: it is much like Britain, but with a stronger tendency to frost waves (and snow) in winter, as well as more frequent (but brief) heatwaves in summer. Polish weather, while far from extremes, is prone to rapid change. Poland is perhaps cloudier than the European average, but in the Spring and Summer you enjoy long hours of daylight.



# Famous Poles



## Famous Poles:

**Nicolaus Copernicus**  
(astronomer)

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**Fryderyk Chopin**  
(pianist and composer)

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**Maria Skłodowska-Curie**  
(physicist and chemist,  
Nobel Prize laureate)

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**John Paul II**  
(the Pope: leader of the worldwide  
Catholic Church)

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**Lech Wałęsa**  
(politician, Nobel Prize laureate)

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**Roman Polański**  
(film director, Oscar winner)

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**Andrzej Wajda**  
(film director, Oscar winner)

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**Krzysztof Kieślowski**  
(film director)

## Sport

**Robert Lewandowski**  
(football player)

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**Agnieszka Radwańska**  
(tennis player)

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**Marcin Gortat**  
(basketball player)

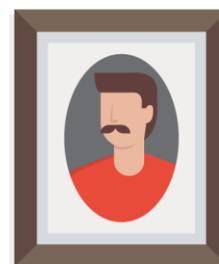
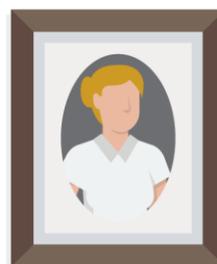
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**Justyna Kowalczyk**  
(cross country skier)

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**Robert Kubica**  
(racing driver)

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# The city of Łódź



Łódź is a large city in the center of Poland. Its population is around 700 000 (city itself) – 1 400 000 (metropolitan area). It is the 3rd largest city in Poland. It is located near the crossroads of Poland's two main highways. It has an international airport, and several train stations.



The Łódź region is situated on central lowlands with a minor hill range. The cities are now important for logistics and commerce, as well as electronic and mechanical industry. Outside urban areas, there are huge areas of extensive agriculture. Łódź's location is really convenient in relation to the Polish capital, Warsaw.

It is only 120 km away, and there are both highway and train connection. It is very easy to go and visit other countries in the European Union: it takes 4 hours by train or bus to Berlin (Germany) from Łódź, and Prague (Czech Republic) is about 5-6 hours away.

Compared to the capital, Łódź is more relaxed and has lower costs of living. It has a larger proportion of antique buildings, but also a more integrated entertainment cluster.

Łódź is proud of a collection of historic buildings in Piotrkowska street (that show a multitude of styles – guiding you to the 19th and early 20th history of European architectural design). The city is also noted for remnants of its textile industry past – you can see antique redbrick industrial buildings successfully turned into entertainment and commercial areas. The town abounds in splendid, large, and freely accessible parks (gardens) – which makes the people stay connected to nature.



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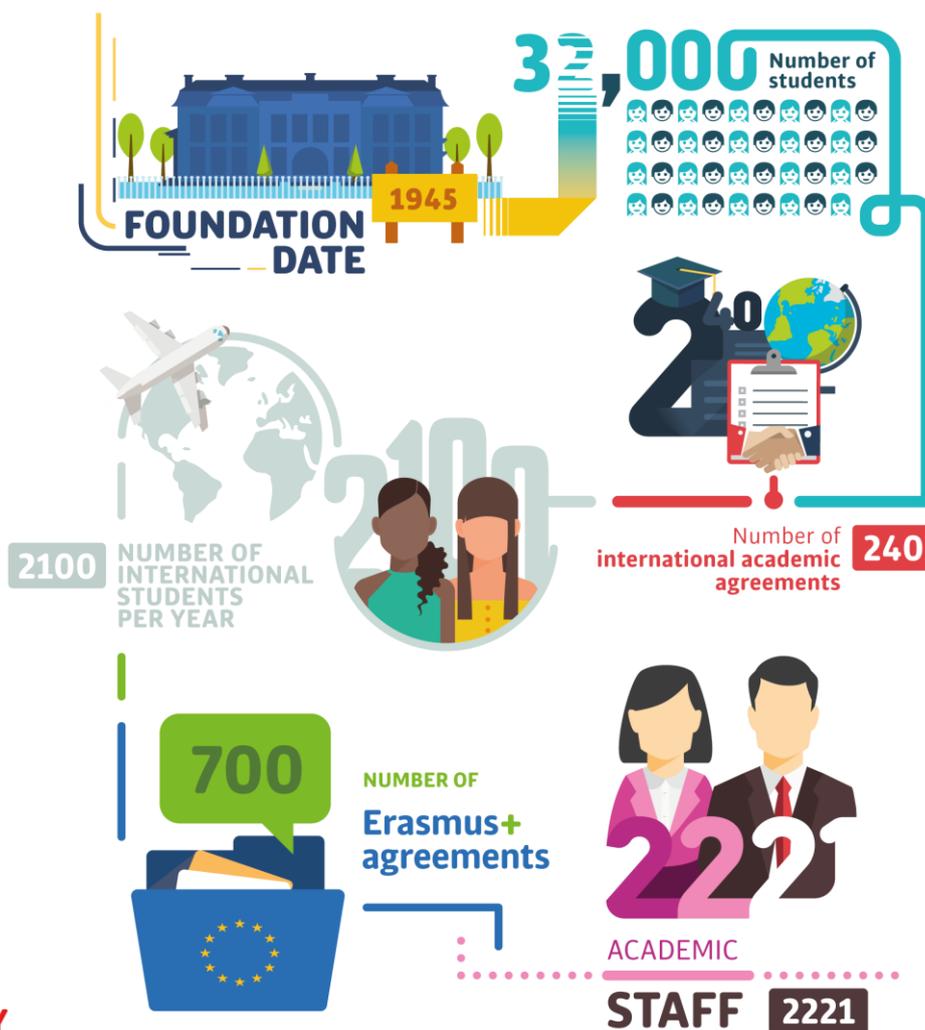
Poland



# University of Lodz

Your partner university!

## Facts and figures



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# Introduction



## United in Diversity!

The University of Lodz is responsible higher education institution, focusing its actions on intercultural and social integration.

There are 95 nationalities currently studying at the University of Lodz. Our University builds academic community around the values of respect for cultural, religious and community identities as well as social sensitivity. UL strives to educate active global citizens who think critically, understand the complexity and the diversity of perspectives which underline most global problems.

The University of Lodz was established in 1945 and has long been one of the biggest and most popular universities in Poland. The 12 faculties, and a branch unit of the University provide programmes in 90 fields of study and 160 specializations. In addition, the University offers several doctoral programmes, more than 50 postgraduate study programmes (including an MBA programme, and those financed by the ESF), as well as studies in English, French, German and Spanish. More than 32 000 students attend the University of Lodz. This figure includes students of all levels: those of first- and second level degree programmes, as well as postgraduate, and PhD students.

Each year there are over 2000 international students studying full time or within exchange programs at the University of Lodz! We hear a lot of languages in the halls of the University. Thus, a diverse multicultural and multigenerational community is built, drawing on the best traditions of the city of Lodz. International students often take part in different activities that originated at the University of Lodz within its “University Diversity” project. The main goal is to promote equality and intercultural dialogue, and to build strong and lasting relations based on diversity. Join Us! Unite and excel!

The interest in studying at the University of Lodz is determined not only by high quality of instruction, but also by modern programmes of study adapted to the changing demands of the labour market.



The

University treats international cooperation as a way to foster its development and continue the city's tradition. Our institution regularly hosts guest speakers, renowned politicians, businessmen and cultural representatives from Poland and abroad.



International relations of the University are visible in various areas. Currently, within direct cooperation agreements, the school cooperates with about 240 partner institutions from all over the world. The mobility of students is high priority for the University of Lodz, both within university mobility programme (including countries outside the European Union) and within the Erasmus+ Programme. Within the Erasmus+ Programme, the University has so far signed 700 agreements with almost 400 partner institutions.

You can easily join us by contacting your International Office and asking about the possibilities of one semester exchange. The exchange can be within Erasmus+ Credit Mobility Programme or a bilateral agreement!



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# Campus



If you just stay at our Campus, you will still experience diversity: our school hosts a lot of international conferences, and some of them include students. Also, there is a tradition of open lectures with eminent international speakers, such as scientists, politicians, and artists (recently we hosted eg. dr Joachim Gauck – the Prime Minister of Germany; Umberto Eco – a great writer, prof. Amos Oz – a prominent Israeli novelist; prof. Phillip Baker – British Queen’s Counsel). But such outstanding guests are not the only international speakers to lecture in our halls – we also have international teachers to give lectures on an everyday basis. It should also be noted that, among your classmates, you will encounter young people from different parts of the world. Among exchange students, the largest groups are the Spaniards, the Turks, the Ukrainians, the Kazakhs, and the Chinese – all four being merely a

start of the long list, which includes people from about every corner of the world. We are happy to see that the international community is growing in numbers, both in terms of exchange, and full-time students. The international students’ community supports every new member: it also intermingles in a friendly way with domestic student community, also present in our dormitories.

The University of Lodz tries to provide dormitories for international students. The rooms are cozy and affordable, and in close vicinity to most lecture halls. The 24-hour shopping facilities are within walking distance, and the city center can be reached in no more than a quarter hour. The neighborhood of the UL Campus is reputed as safe and quiet, and its lush greenery may captivate you (soon, you will discover the city of Lodz abounds in splendid parks).

The accommodation cost is between 280-440 PLN per person per month. There is additionally a 700 PLN check-in deposit, reimbursed while checking out. The students live in double bedrooms that provide bedding, internet connection, and landline phones. For each two bedrooms there is a common hall, a bathroom (with European style toilet and shower), and a cooker. There is also a large, commonly accessible kitchen per each floor.



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Poland

# Come and spend one semester with us with a scholarship!



The University of Lodz offers scholarships within Erasmus+ Credit Mobility Programme for one semester exchange (no more than 5 months; usually it is 4 or 4.5 months).

The allowance is 25 EURO per day (possibly, minus tax). Additionally, the scholarship covers your travel (the reimburse the cost of the ticket according to the table below):

TRAVEL DISTANCES	AMOUNT
Between <b>10</b> and <b>99 KM</b> :	<b>20 EUR</b> per Grantee
Between <b>100</b> and <b>499 KM</b> :	<b>180 EUR</b> per Grantee
Between <b>500</b> and <b>1999 KM</b> :	<b>275 EUR</b> per Grantee
Between <b>2000</b> and <b>2999 KM</b> :	<b>360 EUR</b> per Grantee
Between <b>3000</b> and <b>3999 KM</b> :	<b>530 EUR</b> per Grantee
Between <b>4000</b> and <b>7999 KM</b> :	<b>820 EUR</b> per Grantee
<b>8000 KM</b> or more:	<b>1500 EUR</b> per Grantee



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OF LODZ**  
Poland





The shortest route according to the distance calculator available at the following website: [http://ec.europa.eu/programmes/erasmus-plus/resources\\_en#tab-1-4](http://ec.europa.eu/programmes/erasmus-plus/resources_en#tab-1-4)

To win the scholarship, please learn the requirements and ask your International Office for more details!

To make the exchange work for you, please contact an International Office at your university that manages the student exchange. See the UL subject offer taught in English (available online and in the office), and simply list, together with your international office, those subjects you need to complete in your university and put them into the Learning Agreement form. Make sure your choice is accepted by an appropriate professor (coordinator) at your school as we need to make sure, that the semester spent with us, will be credited in your university.

Most important, your Office will contact the International Relation Office at the University of Lodz – to make sure your application documents will be accepted not only by your home professors, but also by those at the UL, and your stay in Lodz is managed properly. Going through these steps ensures that your study semester with us is recognized as equal with a semester at your home school.



# Details of the documents required:



First submit the following documents to the International Office at your school  
(all documents need to be **in English**):

1. Application form (in doc. form – Word)  
Visit your International Office to get the Application.
2. Learning Agreement  
This is a document that contains the list of subjects you chose. Before your arrival, it should be accepted (signed) by coordinators at your university.
3. Transcript of records – the grades.
4. Cover Letter - please introduce yourself, prove why you are the one who should win the scholarship. Show your passions, interests, hobbies, list any voluntary work at the University or in a different institution, local community etc. Describe your international experience and achievements if you have any. Describe your background, mention if you belong to a disadvantaged or vulnerable group (confirmed with an appropriate document).
5. Certificate of student status from your university  
Please note that you cannot realize the mobility on your last semester at your university.
6. English language certificate (or skype interview).  
If you do not provide any language certificate, you may be interviewed via the Internet.
7. Scanned copy of the last certificate or degree obtained – eg. high school certificate, BA diploma, or MA diploma.
8. Other documents confirming your qualifications and achievements.
9. A scanned copy of the passport – page with the picture.

Your documents are gathered and first selected by the International Office of your University. Then, the best candidates are being assessed by the University of Lodz in order to select the grantee/-s.

In some cases University of Lodz may require TRANSLATION of candidate's other documents which also need to be confirmed by the International Office. This does not apply to the documents prepared in the home university office.

# If you have already benefited from Erasmus Mundus or Credit Mobility scholarship for more than or equal to 7 months in total, you are not eligible to apply for Credit



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Poland

Mobility programme. If you have been selected for Erasmus Mundus scholarship for the period of 5 or 6 months you can apply for Credit Mobility. However, preferences will be given to the applicant who has never benefited from an Erasmus Mundus



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**[WWW.ISO.UNI.LODZ.PL](http://WWW.ISO.UNI.LODZ.PL)**

E-mail: [creditmobility@uni.lodz.pl](mailto:creditmobility@uni.lodz.pl)

**Please join us on FB: [www.facebook.com/polishuniversity](http://www.facebook.com/polishuniversity)**

Please download SmartUni App for more information about Poland, the city of Lodz and the exchange possibilities at the University of Lodz.

**Please download it from: [www.smart.uni.lodz.pl](http://www.smart.uni.lodz.pl)**

(available for Android and iOS)

Join our University Diversity project!



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